



Covid-19 Screening

Client Full Name

.....Dob.....

Contact Phone No.....

E-Mail.....

Covid-19 Screening when attending a Pilates class

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|---|-----|----|
| Q1. Have you ever been tested for Covid-19? | Yes | No |
| Q2. Have you ever tested positive for Covid -19? | Yes | No |
| Q3. If yes, were you hospitalised? | Yes | No |
| Q4. Are you currently taking medication for Covid-19? | Yes | No |

If you have answered Yes to either Q3 or Q4, you can attend Pilates classes once GP approval has been granted.

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| Q5. Have you or any member of your household been contacted by the Test and Trace Team and advised to self-isolate? | Yes | No |
|---|-----|----|

If yes, you cannot attend a Pilates class until the period of self-isolation has been completed.

Do you or any member of your household currently have any of the symptoms of COVID-19?

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)	Yes	No
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New, continuous cough – this means coughing a lot for more than an hour, or 3	Yes	No
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or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

Loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to usual

Yes No

If the answer is yes to any of the above, you cannot attend a Pilates class until an isolation period in line with Government Guidance has been completed and you can confirm you are symptom free.

Are you considered to be in the High-Risk Group that was shielding?

Yes No

If Yes, you may attend a Pilates class once GP approval has been granted.

Have you in the last 14 days returned from abroad and required to isolate?

Yes No

Consent Declaration for Pilates class attendance during Covid-19

The information I have given in this form is honest, accurate and correct to the best of my knowledge. I have read the document and understand that all reasonable steps have been taken to reduce the risk of infection during the Pilates classes including screening potential Covid-19 cases and undertaking increased hygiene and distancing protocols.

In line with SELKIE PILATES Privacy Policy, the data collected on this screening form maybe requested for NHS track and trace purposes.

Signature

Date