

Privacy Policy

1. Introduction

Selkie Pilates and Fitness takes the protection and confidentiality of your personal data seriously. If you have any concerns about this policy please contact us immediately.

This policy only relates to the collation of personal data when clients register on our booking application and information contained within the Health Questionnaire.

We do not store or collect any personal data on or from our website, and do not provide personal data to any third parties.

2. Use of personal data

Selkie Pilates and Fitness uses personal data primarily for health and safety purposes to ensure clients can attend classes or one to ones that are suitable and tailored where necessary to meet agreed health goals. The source of this information is the Health Questionnaire which is required before clients can take part in a class or one to one. These files are held securely and are not shared with any third parties.

Contact details within the Health Questionnaire, or from registration, are used to provide upcoming news on classes at the studio or in the event of instructor holidays or absences where classes occasionally may be cancelled due to availability. We will not use contact details for advertising or mass promotions.

3. Consent

By registering on our booking application, and submission of a health questionnaire, prospective clients are providing consent to the use of personal data as described in Selkie Pilates and Fitness's privacy policy.

4. Cookies

Cookies are used on Selkie Pilates and Fitness's website for statistical purposes only.

5. Security

Selkie Pilates and Fitness holds your personal data in accordance with provisions set out in the data protection legislation.

6. Notification of changes

Selkie Pilates and Fitness will notify clients if there are changes made to this privacy policy. Clients of Selkie Pilates and Fitness have the right to request a copy of their personal data held and deletion of this record.

7. Data retention

Selkie Pilates and Fitness will retain personal data on file with confidentiality while clients are current attendees of classes or one to ones. Personal data will be destroyed, hard copies shredded, if clients are no longer attending classes or one to ones after a lapse of five years.